



# GYMNASTICS

## REGISTRATION FORM 2023

### Term 2

Students Name:		DOB:
Parent/Guardian/Emergency contact details		
Name:	Address:	
Phone:	Email:	
Signature:		
Is there any medical details/information we need to know about? (Allergies, injuries, medical conditions)		

Please circle which level/class you will be attending:

MONDAY	TUESDAY	WEDNESDAY	FRIDAY
<b>GymStar Beginner Recreational</b> 3:45pm – 4:35pm	<b>Gymnastics Advanced</b> 4pm – 6pm	<b>GymStar Intermediate Recreational</b> 3:45pm – 4:35pm	<b>Gymnastics Advanced</b> 4pm – 6pm
<b>GymStar Beginner Recreational</b> 4:35pm – 5:25pm		<b>GymStar Intermediate Recreational</b> 4:35pm – 5:25pm	
<b>GymStar Beginner Recreational</b> 5:25pm – 6:15pm		<b>GymStar Intermediate Recreational</b> 5:25pm – 6:15pm	

**COST: \$150 for recreational classes. \$210 for advanced classes**

Cost must be paid up front. Active Kids Vouchers are accepted for Gymnastics.

DATE:	PAID : CASH /CARD /VOUCHER	STAFF:
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*All precautions will be taken to prevent accidents, however, these activities are dangerous sports. Participants take part at their own risk.*

## **PCYC GYMSTAR PROGRAM**

Our PCYC NSW GymStar program is a recreational program for school age children, covering the basics of gymnastics and movement in a fun and friendly environment. Children will learn the basics of apparatus such as bars, beam, floor and trampoline to assist in developing skills such as balance, coordination and strength. Each term, participants will be assessed on the skills they have learnt and move up through the GymStar levels. The skills your child will develop through our GymStar program will be useful in many other sports and areas of life beyond gymnastics!

Our Gymstar program is perfect for kids who want to start their gymnastics journey as well as those who just want to have fun, stay active and learn something new!

PCYC runs a number of specialist gymnastics classes and courses as the largest provider of Gymnastics in the state, and is accredited with Gymnastics Australia.

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There are 4 levels:

G – Introduction to Gymnastics Foundation Skills

Y – Learning Gymnastics Foundation Skills

M – Building on Gymnastics Skills

STAR– Developing more complex Gymnastics Skills

PCYC Young

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