



PCYC Mission

We get young people active in life

We work with young people to develop their skills, character and leadership

We reduce and prevent crime by and against young people.

PCYC Port Stephens – Nelson Bay

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GYMNASTICS SCHEDULE



www.pcycnsw.org



TIMETABLE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
TIME				
12:30pm		KinderGym 12:30pm – 1:15pm		KinderGym 12:30pm – 1:15pm
3:15pm		Junior Gym 1:15pm – 2pm		Junior Gym 1:15PM – 2pm
4:00pm	REC GYM 4pm – 5pm	REC GYM 4pm – 5pm	REC GYM 4pm – 5pm	REC GYM 4pm – 5pm
5:00pm		REC GYM 5pm – 6pm		REC GYM 5pm – 6pm
5:00pm	LEVEL 2 5pm – 7pm	LEVEL 3+ 4pm – 7pm	LEVEL 2 5pm – 7pm	LEVEL 3+ 4pm – 7pm
6:00pm		TeamGym 6pm – 7pm		Free G 6pm – 7pm

PCYC MEMBERSHIP	All gymnastics participants must be a PCYC member.
AGE GROUP	COST
JNR (under 18)	\$15 Annual fee

GYMNASTICS NSW REGISTRATION	Registration fee covers your personal insurance while participating in gymnastics. Required by Gymnastics NSW and non-refundable.
CLASS	COST
KINDERGYM / KINDERREC	\$55 per calendar year
RECREATIONAL	\$65 per calendar year
LEVELS	\$105 per calendar year

CLASSES		
AGE GROUP	DESCRIPTION	COST
KINDERGYM 1.5 – 3 YRS	A movement-based learning experience for toddlers and their parents or caregivers	\$140 / term
Junior Gym 4 – 5 YRS	Preschool specific class encouraging key fundamental body movements in gymnastics	\$140 / term
RECREATIONAL 5 – 7 YRS 8 – 12 YRS	A recreational gymnastics program designed to provide the key fundamental body movements of gymnastics while developing strength and flexibility in a fun and social environment	\$150 / term
TeamGym 8 – 12 YRS	A Combination of mini tramp, floor routines and Tumbling. Athletes compete in teams of 6-12 people.	\$150 / term
FREE G 8+ YRS	Learn and develop a combination of parkour, gymnastics and freestyle skills to negotiate obstacle courses	\$150 / term
LEVELS 1 – 3+ 5 – 16 YRS	Competitive gymnastics program. Enrolment by invitation of coach only	Price dependent on hours